

**13<sup>th</sup> CIM WORLD CONGRESS 2018**  
**Theme - *Beneficence: Theory & Practice***  
(In theory, there is no difference between theory & practice;  
in practice, however, there is a world of difference)

**DAY 1** Officers of the Day: Dr German Mayo Jr II/Dr Christine Ybañez

7:30 AM            **REGISTRATION**

8:00 – 9:00 AM    **Utukay**

9:00 – 9:30 AM    **OPENING CEREMONIES**

9:30 – 10:15 AM   **PLENARY**  
**Beneficence: Theory and Practice**  
Chair: Dr Reinerio Durano, Jr  
Speaker: Dr Celine Aquino

10:15 – 10:30 AM   Coffee Break & Opening of the Exhibits

**MENTAL HEALTH**  
Chair: Dr Velma Chan  
Co-chair: Dr Mylene Copingco-Chan Lim

10:30 – 11:45 AM   **How to Help Your Teens Struggling with Mental Health Issues**  
Speakers: Dr Emma Llanto  
Priscilla Gonzalez-Fernando

11:45 – 12:15 PM   **Mindfulness-Based Stress Reduction for Physicians**  
Speaker: Dr Buenaventura Ramos, Jr.

12:15 – 12:30 PM   Open Forum

12:30 – 01:45      **LUNCH SYMPOSIUM**

**CONUNDRUMS**  
Chair: Dr Karen Mae Arboleda-Sayson  
Co-Chair: Dr Rachel Tranquilina Sanchez-Metillo

1:45 – 2:45 PM     **Less-than-Optimum Surgical Candidate**  
Moderator: Dr Carolyn Fermin  
Panelists: Dr Claudia Cabrera-Rafanan  
Dr Abe Montejo  
Dr Yvonne Montejo  
Dr Cindy Ceryl Tan  
Dr Steve Rama  
Dr Richard Condor

2:45-3:00 PM      Open Forum

3:00-3:30 PM      **Hypertension: Is It a Moving Target?**  
Speaker: Dr Mary Gertrude Ong-Cordovez

- 3:30-3:45 PM Open Forum
- 3:45-4:15 PM **SUNSET SYMPOSIUM 1**
- 4:15-5:00 PM **Menopause and Andropause**  
Speakers: Dr Mona Ethellin Yiu  
Dr Melonil Cabahug
- 5:00-5:15 PM Open Forum

**DAY 2 Officers of the Day:** Dr Ramon Yap/Dr Reinerio Durano, Jr

7:30 AM **REGISTRATION**

**PRACTICAL ISSUES**

Chair: Dr Ma. Asela Burgos-Cañete  
Co-Chair: Dr Eleanor Quimco-Alvarez

- 8:30 – 9:00 AM **Shared Decision-Making in Medical Practice: A Concept Whose Time Has Come**  
Speaker: Dr Alex Junia
- 9:00 – 9:15 AM Open Forum
- 9:15 – 10:00 AM **Group Practice - The Hows, The Whys and the Wherefores: Are We Ready For It?**  
Moderator: Dr Walter Josim Jesus Tecson  
Panelists: Dr Doris Obra  
Dr Jose Flordelis  
Dr Vernilo Libago  
Dr Pamela Tarongoy  
Dr Catherine Camiguing  
Dr German Mayo, Jr II
- 10:00 – 10:15 AM Open Forum

**CONTROVERSIES**

Chair: Dr Bessie Acebes-Escobal  
Co-chair: Dr Daisylou Ceniza-Abarquez

- 10:15 – 10:45 AM **The HIV Resurgence**  
Speaker: Dr Mitzi Marie Chua
- 10:45 – 11:00 AM Open Forum
- 11:00 – 11:30 AM **Current Status of TB in the Philippines**  
Speaker: Dr John Clifford Aranas
- 11:30 – 11:45 AM Open Forum

11:45 – 12:15 PM **Why Shouldn't You Stop Smoking?**

Speaker: Dr Merci Letigio-Uy

12:15 – 12:30 PM Open Forum

12:30 – 01:45 PM **LUNCH SYMPOSIUM**

**PUZZLES**

Chair: Dr Christine Suarez-Ybañez

Co-chair: Dr Eve Therese Alinsonorin-Ramos

1:45 – 2:30 PM **Seizures: To Be or Not To Be**

Speaker: Dr Noel Lim

2:30-2:45 PM Open Forum

2:45-3:15 PM **Breaking Barriers to Hepatitis C Treatment in the DAA Era**

Speaker: Dr Jenny Limquiaco

3:15-3:30 PM Open Forum

3:30-4:00 PM **SUNSET SYMPOSIUM 2**

4:00-4:45 PM **The Ultimate Ridicu-List on Diets**

Speakers: Dr Celine Aquino  
Dr Marivic Vestal

4:45-5:15 PM Open Forum

5:15-5:30 PM **CLOSING CEREMONIES**